

The average percentage increase per year of the incidence and prevalence of autoimmune diseases worldwide were 19% and 13% respectively. <sup>1</sup>

*Incidence* is the rate of new (or newly diagnosed) cases of the disease. It is generally reported as the number of new cases occurring within a period of time or as a fraction of the population.

*Prevalence* is the proportion of disease or risk factor affecting a population (for example, cancer, smoking or seat-belt use). It is arrived at by comparing the number of people found to have the condition with the total number of people studied and is usually expressed as a fraction.

<b>Disease</b>	<b>% US population per 100,000</b>	
Rheumatoid Arthritis	0.806	860.00
Hashimoto's autoimmune thyroiditis	0.742	791.70
Celiac disease	0.703	750.00
Graves' disease	0.590	629.00
Diabetes mellitus, type 1	0.450	480.00
Vitiligo	0.375	400.20
Rheumatic fever	0.234	250.00
Pernicious anemia / atrophic gastritis	0.141	150.90
Alopecia areata	0.141	150.00
Immune thrombocytopenic purpura	0.068	72.00
Multiple sclerosis	0.055	58.30
Systematic Lupus Erythematosus	0.030	32.00
Temporal arteritis	0.028	30.00
Ulcerative colitis	0.028	30.00
Chron's disease	0.023	25.00
Scleroderma	0.023	24.00

## Footnotes

1. Lerner, A. et al. (2015) The World Incidence and Prevalence of Autoimmune Diseases is Increasing. *International Journal of Celiac Disease*. 3 (4), 5.